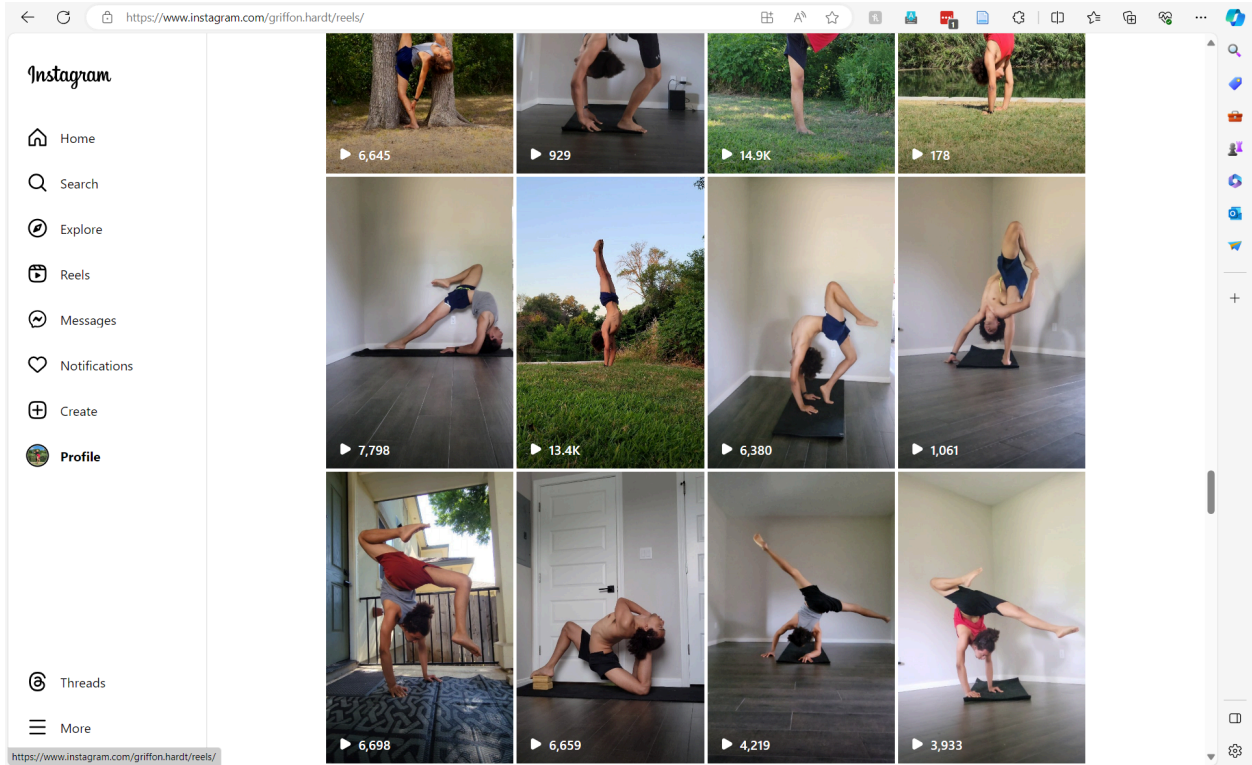


Flexibility and Martial Arts Example



https://drive.google.com/file/d/17qoHa5zuRAXfsw8_HN8CxMVZ4gKF3OP2/view?usp=sharing

Identification through Social Media Example



<https://youtube.com/clip/UgkxeuHz-y--RY5QkQ2zcOXOvxznReSm7ksg?si=JpoG42M18JI86sER>

Contortion Training Example